

Evaluating a Relationship

“...then when my best friend who’s a totally amazing artist decided to paint her locker, she almost got suspended for destruction of school property!”

- Jane

Big Idea: To explore different kinds of relationships (not just romantic) and their characteristics inherent for a healthy relationship.

By the end of the lesson students will be able to:

- Identify qualities needed to maintain a positive relationship
- Explore various different kinds of relationships

Materials: Chart Paper, Markers

Curriculum Connections

Health and Physical Education

C1.3 demonstrate an understanding of how relationships develop through various stages, and describe the skills and strategies needed to maintain a satisfactory relationship as the relationship evolves (*e.g., communication and interpersonal skills, adaptive and coping skills, conflict resolution strategies*)

C2.2 demonstrate an understanding of the skills and strategies needed to build healthy social relationships (*e.g., peer, school, family, work*) and intimate relationships

C3.3 analyse the attractions and benefits associated with being in a relationship (*e.g., support, understanding, camaraderie, pleasure*), as well as the benefits, risks, and drawbacks, for themselves and others, of relationships involving different degrees of sexual intimacy

English

1.2 identify and use several different active listening strategies when participating in a variety of classroom interactions

2.2 demonstrate an understanding of several different interpersonal speaking strategies and adapt them to suit the purpose, situation, and audience, exhibiting sensitivity to cultural differences

2.4 use appropriate words, phrases, and terminology, and several different stylistic devices, to communicate their meaning and engage their intended audience

Minds On

Ask: how do different relationships vary with behavior that is considered healthy?

Action

Break students into 4 smaller groups. Assign each group a relationship grouping:

Group 1: Romantic

Group 2: Parent-Child

Group 3: Teacher-Student

Group 4: Friend-Friend

On chart paper, have students write out the characteristics of what a healthy relationship or unhealthy relationship would like within their relationship grouping.

Connect/Consolidate/Discuss

Students can present their ideas to the class, while you lead a discussion about each group.